

MEALS ON WHEELS PROGRAM

FEEDMORE.ORG

Apply online: <https://feedmore.org/meals-on-wheels-application-form/>

Eligibility

Homebound adults in our service area may qualify for Meals on Wheels services, regardless of ability to pay. To receive meals, you must:

- Be over the age of 18
- Be homebound* and unable to meet basic nutritional needs** either temporarily or long term
- Have no other reliable means of obtaining your daily meals
- Reside in our service area (the cities of Richmond, Petersburg, Colonial Heights or Hopewell, or the counties of Charles City, Chesterfield, Dinwiddie, Goochland, Hanover, Henrico, Louisa, New Kent, Powhatan or Prince George)

*Definition of “homebound”: Unable to leave the home without considerable difficulty and/or assistance. A person may leave home for medical treatment or short, infrequent absences for non-medical reasons, such as a trip to the barber or religious services.

**Definition of “unable to meet basic nutritional needs”: Unable to prepare/have difficulty preparing at least one nutritious meal daily because of physical or mental limitations, or unable to obtain/have difficulty obtaining necessary food.

Other household members who may be eligible:

- Disabled children of any age and minor children for whom you provide primary care
- A spouse who is unable to prepare his or her own meal

Cost of Meal Service

No one is turned away from our Meals on Wheels program due to inability to pay. The cost for our meal service is based on a sliding scale, and we work with you to determine an affordable fee for your budget based on your gross monthly income minus certain expenses. A limited number of sponsorship opportunities are available through [Senior Connections](#), [Jefferson Area Board for Aging](#) (JABA), [Crater District Area Agency on Aging](#) and directly through Feed More.

Meals on Wheels also accepts SNAP (also known as food stamps) for payment. For more information, please contact Feed More's Client Services at 804-673-5035.

Additional Services

Feed More's Meals on Wheels works to meet the additional needs of our clients by offering many ancillary services. Here are just a few of the many services MOW provides:

- Microwaves at no cost for clients who lack a microwave to heat their meals
- Pet food delivered monthly for clients with dogs or cats
- Holiday cards and birthday cards for all clients
- Liquid nutritional supplements, such as Boost or Ensure, for clients needing additional calories or protein due to unintentional weight loss, cancer treatment, etc.
- Donated box fans and air-conditioning units for at-risk clients during the heat of summer
- Registered Dietitians for nutritional counseling and education
- Case managers for assessing clients' mental and physical needs and providing links to resources and support. May include assistance with medications, medical supplies, and fuel costs
- Connections with groups and individuals for transportation to medical appointments